

THE CAPTAIN'S DEN

12368 WARWICK BLVD

757-240-4650



Call us today to place your order or
Email us at info@aromasworld.com
48 hr advance notice please

BREAKFAST

PASTRY ASSORTMENT

Fresh baked muffins, croissants, cinnamon buns
& gluten free coffee cake \$3-5 per item

BAGEL TRAY

Assortment of bagels - choice of plain, cinnamon raisin,
Asiago, wheat or everything
with cream cheese, butter & jelly \$4 per item

BREAKFAST QUICHE

Choice of veggie or meat \$7.99 per person

FRESH FRUIT BOWL

A healthy addition to any morning!
A selection of seasonal fruit \$4.99 per person

GRANOLA YOGURT PARFAITS

Fresh yogurt with layers of strawberry and
blueberry glaze with housemade granola \$6

FRUIT AND GRANOLA TRAY

Our homemade granola topped with fresh
strawberries & blueberries \$5.50 per person, min 5

GOURMET *LOX & BAGEL TRAY

Assortment of bagels, lox, onions, tomato & cream cheese
\$9 per person, min 5

BEVERAGES

BARISTA BOX ~ COFFEE

Choose from Aromas' own House Blend,
Magnus Brew or Colombian Decaf

Small Barista Box Serves 12 - 8 oz. cups

Large Barista Box Serves 16 - 8 oz. cups

Includes: cups, half & half, sweeteners, & stirrers.
"Barista Box" keeps coffee hot for about 2 hours.
Make your morning java a special treat

BARISTA BOX ~ NON COFFEE

Choose from Aromas' Special Hot Chocolate, Specialty Tea
or Apple Cider (seasonal)

Small Barista Box Serves 12 - 8 oz. cups

Large Barista Box Serves 16 - 8 oz. cups

FRESH BREWED ICED TEA OR

FRESH LEMONADE

Available by the gallon and choice of flavoring

LUNCH/DINNER

BOXED SANDWICHES

Choice of sandwich: Roast Beef on Ciabatta,
Black Forest Ham & Swiss, Turkey & Cheddar, Tuna Salad,
Thai Vegetarian Wrap or Southwest Chicken Wrap
(includes chips, cookie & a soft drink or bottle of water) \$13.99

BOXED SALAD

Choice of salad: *Open Sesame Ginger Chicken Salad,
Old-Fashioned Cobb or Captain's House Salad
(includes chips, cookie & a soft drink or bottle of water) \$13.99

ASSORTED SANDWICH TRAY

Choice of an assortment of half sandwiches including
Roast Beef on Ciabatta, Black Forest Ham & Swiss,
Turkey & Cheddar, Tuna Salad Sandwich,
Thai Vegetarian Wrap or Southwest Chicken Wrap
(includes chips, cookie & a soft drink or bottle of water) \$12.99

FAMILY STYLE SALADS

*OPEN SESAME GINGER CHICKEN SALAD
Mixed greens, pan-seared chicken, green onions, almonds &
chow mein noodles with sesame ginger dressing \$10 per person

OLD-FASHIONED COBB

Turkey, ham, bacon, bleu cheese crumbles over mixed greens,
with cucumbers, carrots, tomatoes, onions & egg \$10 per person

CAPTAIN'S HOUSE SALAD

Mixed greens, cranberries, candied pecans, tomatoes,
onions, cucumbers with blue cheese crumbles &
cider vinaigrette \$9 per person

DESSERTS

COOKIES AND BROWNIES TRAY

Chocolate Chip Cookies & Turtle Brownies OR
Assorted Cookies \$3 per person

MINI DESSERT TRAY

A tempting selection that will include an assortment of
delicious miniature Aromas treats \$4 per person

CUSTOM CAKES

Call or email to place your custom cake order

info@aromasworld.com

72 hr advance notice please

ONSITE CATERING

PLEASE CONTACT US!

*We would be happy to discuss with you any special requests
you have. No event is either too big or small for us. Our team
looks forward to taking care of all of your catering needs!*



THE VIRGINIA DEPT OF HEALTH WOULD LIKE US TO REMIND YOU THAT CONSUMING
RAW OR UNDERCOOKED MEALS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY
INCREASE THE RISK OF FOOD-BORNE ILLNESS.

* THE FOLLOWING MENU ITEMS MAY BE SERVED RAW OR UNDERCOOKED.